



Discover the latest research into losing weight and keeping fit!

Bath Research and Development, your local NHS R&D office, is looking for people to take part in a **Health Research Panel**. If you **struggle to lose weight or keep active** for any reason such as **a busy lifestyle** or a **disability that affects your mobility** we'd love to hear from you. Health researchers, who are devising new research studies of the future, will present their proposal to the panel and ask for your feedback.

Your **ideas and experiences** will help to develop new research. The panel will take place once every few months at the University of Bath. You don't need to be an 'expert' or have any particular qualifications – we'd just love to know your views.

Your input will help:

- To plan more effective research
- To find ways to improve life for people at risk of health conditions

During the meetings you will:

- Learn about how research is conducted
- Learn new skills
- Use any skills that you may already have to benefit others
- Meet new people in a friendly environment with refreshments

We can arrange the meetings at a time to suit most people, and the University has access for wheelchair users. All enquiries welcome to Sarah Moore participate@bath.ac.uk or 01225 385951

